

ARNICA MONTANA

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Homeopathy for Accidents and Emergencies Interactive CD-ROM & Companion Kit



Kate Diamantopoulou, with experienced colleagues from the UK, has created an interactive CD-ROM **Homeopathy for Accidents and Emergencies** accompanied by a Homeopathic First Aid kit, in effect a universal healing package, that is gaining in popularity by word of mouth. “These products are not complicated; in fact they are deliberately simple and have been backed up by several years of research,” she said. A booklet in the kit contains a brief summary of information from the CD-ROM and gives advice about which homeopathic remedies to take for particular emergencies.

Testimonials for *Homeopathy for Accidents and Emergencies* CD-ROM & Kit

David Anthony Lavell, Principal, David Lavell & Associates Consulting Chartered Engineers

As a member of Registered Engineers for Disaster Relief (RedR), I was seconded by AusAID in April 2005 to assess structural damage to community buildings on Nias Island, Indonesia. This action was carried out in association with the pledged Tsunami relief assistance, and after the major earthquake of 28th March, 2005 which caused major loss of life and injuries as well as extensive destruction to buildings and infrastructure throughout the island.

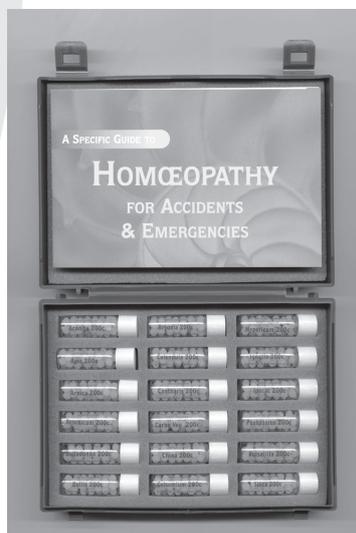
The engineering assessments were conducted in association with medical assistance coordinated by AusAID and supported by SurfAid International. RedR engineers accompanied medical teams to major towns and remote communities throughout Nias, where injured persons were sought out and treated; at the same time buildings and infrastructure was assessed and recorded.

During this mission I had the good fortune of having two sets of *Homeopathy for Accidents and Emergencies* by Arnica Montana, which includes comprehensive medicines and an informational CD-ROM per kit. These kits were soon in the hands of the medical teams who showed great interest and expressed appreciation for having the added resources in a time of great need. All engineers on mission saw first hand the medical teams in action treating very sick and injured persons throughout the island. Due to the nature of some of the injuries some patients, who most certainly owe their lives to the medical teams, were airlifted to local and international ship hospitals.

My sincere thanks go to Kate Diamantopoulou for making the homeopathic kits available to the people of Nias Island, Indonesia.

Dr Manish Agarwala, Classical Homeopath Consultant, India

What do you do if there is an emergency or accident? What if there is no trained medical personnel or hospital nearby? Although this applies to everyone from the housewife to the traveller the situation is more frightening in communities or



locations that are a bit far from the city, eg. farming/nature communities, yoga and meditation retreats etc. Classical homeopathy may be the safe, non-toxic and effective answer in these situations.

I strongly recommend this wonderful software (CD-ROM) and homeopathy kit created by homeopath Kate Diamantopoulou RSHom (UK) AROH (Australia).

It is called “Homeopathy CD-ROM for accidents and emergencies”. This amazing software was created by Kate after three years of research and it helps choose a remedy in accidents and emergencies situations within minutes. It is so easy to use that no prior training is required and anyone who knows how to read can use it. Technophobes need not worry at all!

This elegant software covers every emergency in the First Aid books (ie. St John Ambulance Red Cross etc.) and also mentions basic first aid procedures – all within minutes at the click of the mouse. Interestingly, this software suggests a remedy out of a kit of just 18 homeopathy remedies and yet works very well in any emergency situation. This software and the remedy kit has proved its efficacy in disasters like the tsunami. Read reviews at: www.arnica.com.au/testimonials.php#cd

Helios pharmacy, UK, is selling the remedies kit and also the CD-ROM (www.helios.co.uk). It may also be ordered from Kate’s Australian website: www.arnica.com.au.

Kindly note that I am in no way attached to Helios pharmacy or Kate Diamantopoulou’s organisation. Finally, I do pray that may none of your near and dear ones ever meet an emergency or accident. May all be healthy, happy and safe.

Picture of Health Magazine, U.K.

Many readers may be first aiders and know something about the use of homeopathic medicines for minor injuries. Now the knowledge of first aid procedures in serious accidents and emergencies has been combined with the use of homeopathic remedies in a training CD-ROM. The information is clearly presented in an easily accessible form. Eighteen remedies are described in the detail needed for each situation, while other remedies, which may be of use later are mentioned.

This CD-ROM is designed for anyone who may be involved in emergency first aid whether professionally, as a volunteer or at home for friends and family. It can be used for teaching students of homeopathy, other health professionals, emergency workers and those learning first aid; also as a clinical resource for complementary medical centres. It is an especially valuable resource for any individual or community living where emergency services would take time to arrive or are limited.

The CD-ROM is in the form of an electronic book and the pages are very easy to navigate. There are step-by-step directions and diagrams giving basic first aid procedures. The reader is then taken through the same clear directions for each condition with reminders of the procedures to use and the choice of homeopathic remedies for that condition. There is a section giving the symptoms of each remedy with the conditions it may be used for. There is an easy to use quick reference index and a search. While studying one can flick back and forward between sections quickly to aid understanding. In the pages for each condition, clicking on a remedy name will give you key note indications for it, clicking on the remedy icon will give you further detail of the remedy picture. The instructions for each condition remind people to summon professional help as soon as possible, whether it is for an ambulance, emergency doctor or professional homeopath. When so many people carry mobile phones these days it is often possible to summon help quickly to many places.

A new 18 remedy Helios First Aid Kit has been produced to go with this CD-ROM. It includes clear prescribing notes to remind you of what you have learnt from the CD-ROM. The program has been written by Kate Diamantopoulo and Sarah Clarke. Both have been involved with teaching in Homeopathic Colleges as well as teaching clinics and tutorial supervision of students. They are registered practitioners with the Society of Homeopaths.

Dr Neil Slade, Editor, www.whatreallyworks.co.uk

I have written several reviews for books on homeopathic First Aid or self help in the home, and if I am being honest when asked I usually think 'Here we go again, another one!' – I couldn't have been more wrong with this CD, which has been produced by homeopath Kate Diamantopoulo and Arnica Montana Enterprises Ltd. For a start I am a bit of a technophobe, but this is so easy to use - simply load it into the computer and follow the on screen prompts and if this isn't

enough then there are clear and precise written instructions too. The technophobe in me is also satisfied because the graphics of the CD make it appear as if you are reading a luxuriant big leather bound book. One aspect of this CD that I particularly like is the step-by-step representation of things such as placing someone in the recovery position, CPR, assessing a First Aid situation from a practical point of view and dealing with poisonings. Most of this information is given in diagrammatic form so it is easy to assimilate.

I assume this information has been driven by Kate's former incarnation as a nurse and midwife. In making this CD, Kate Diamantopoulo has produced an excellent home help for any person with an interest in homeopathic medicine. Students of homeopathy and new graduates please do not think that any information on homeopathic First Aid is 'old hat', this CD will also benefit you from its clear remedy differentiation and application through to its practical advice regarding the management of a First Aid situation – I have used my copy several times already!

Dr's GM and SL Caddy, Western Australian General Practitioners

This CD-ROM production presents the principles of First Aid and Homeopathic Therapy of multiple acute Medical Emergencies in a clear, concise, easily accessed format. The ease of use of this tool is not matched by anything I have seen in the teaching of conventional Medical management, and the user will have no difficulty cross referencing the use of multiple Homeopathic remedies. Kate brings a wealth of conventional First Aid advice and Homeopathic therapy to the occasional or frequent use in an exceptional format.

Sue Johnson, B.A B.Ed. Librarian, New Norcia Benedictine Monastery

Kate caught up with Sue at the annual Picnic Day for the Friends of New Norcia. She has been very happy to have had the use of the CD-ROM and kit for her daughter who had been travelling round India as a young backpacker. They were both in constant use while she was away and Sue was given peace of mind during this time.

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